

ACTive™ Sideline Assessment

Use as an added precaution if you suspect concussion

1. Ask the athlete to repeat three words, such as *red, sailboat, computer*.
2. Have the player say the months of the year in reverse.
3. Ask the player to repeat 3 digits in reverse.
(*For example, 5-7-2 repeated as 2-7-5*)
4. See if the player can repeat the three words from the first test
(*e.g., red, sailboat, computer*).

***If your player fails any of these tests,
get them to a trained healthcare provider.***

Take Action

When in doubt, keep 'em out.

Stand tall. Make the call.

- Get your player to an appropriately trained healthcare provider.
- Inform his or her parents immediately.

No play without okay.